

Fall 2008

OLL Berkeley Osher Lifelong Learning Institute









October 1 - November 18

olli.berkeley.edu

An educational program for older adults who are learning for the joy of it.

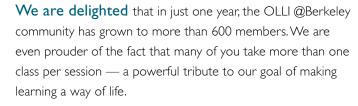
Director's Greeting

Who We Are

OLLI @Berkeley is an educational program for lifelong learners age 50 and up who are eager to explore traditional and new areas of knowledge — without exams or grades. Distinguished Berkeley faculty members and other Bay Area teachers enjoy sharing their expertise with members whose life experience and intelligence enrich the exchange of ideas.

Membership in OLLI @Berkeley is required to participate in the full range of offerings. Joining OLLI @Berkeley means discovering new friends, new knowledge, and new ways to bring meaning and enjoyment to our lives.

OLLI @Berkeley is one of more than 121 Osher Lifelong Learning Institutes nationwide. It is supported by the University of California, Berkeley; OLLI members; and donors who match the Bernard Osher Foundation's contribution to OLLI.





Nearly half of this session's faculty — including David Presti, William Drummond, and Harry Kreisler — teach at UC Berkeley and are eager to share their knowledge with you. We are also offering an array of experimental courses. Celebrated writer Susan Griffin will teach a course on remembering and creating history. The two driving forces behind the San Francisco Mime Troupe, Joan Holden and R. G. Davis, will trace the company's long and colorful history.

The fall session will also offer two yearlong courses in collaboration with Cal Performances. Robert Cole, impresario extraordinaire, has chosen 12 music and dance events for us to explore in depth before seeing him off at the end of the 2008–09 season.

Since many of you spend the day with us, we have also tried to plan each day around related subjects. For example, check out the Tuesday schedule if you enjoy musical theater, or Wednesday if you are interested in politics.

Diverse topics, accomplished teachers, new friends, and your curiosity — these are what make OLLI @Berkeley special. Come to the open house on Sept. 16, or register with the form inside this brochure. Welcome back to the classroom.

Susan Hoffman

Director, OLLI @Berkeley



Contact Us:

Office/Library:

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Contributing Photographers: Charles Francis, Aileen Kim, Judith Sandoval, and Peg Skorpinski

Open House

Tuesday, Sept. 16, 2008

9:30 a.m.-noon

Doors open at 9 a.m., program 9:30 a.m. – noon

Berkeley Repertory Theatre

2025 Addison St. (at Shattuck Ave.)

RSVP: 510.642.9934 or berkeley_olli@berkeley.edu

Directions: olli.berkeley.edu

Oct. 6 - Nov. 10

COURSES/Mondays

Most courses held in University Hall, 2199 Addison Street, except where noted.



Justice and Power: Literary Visions

Jeff Lustig

10 a.m.-noon, Room 150

We will examine the nature of justice and power as seen by history's important writers and dramatists. Is justice the righting of wrongs or transcendence of rights? Is it a matter of evening scores, the public good, or inner peace? "Force without justice is tyrannical," wrote French philosopher Blaise Pascal, "and justice without force is powerless." But how can justice deal with power? Is the idea of achieving justice through politics an illusion? We will study the answers some great thinkers have offered, along with such fundamental concepts as distributive justice, retributive justice, equality, tyranny, exploitation, and the common good. Recommended readings include works by Sophocles, Machiavelli, Karl Marx, Herman Melville, Toni Morrison, and Jesse Unruh.

Jeff Lustig, professor of government at Sacramento State, teaches courses in political theory, American thought, California politics and the novel, and labor studies. He is the author of Corporate Liberalism: Origins of Modern American Political Theory, as well as articles on American politics, political thought, and

higher education. He has been a statewide and local leader of the California State University faculty union, and has taught at UC Berkeley and Deep Springs College

Joy of Singing

Lauren Carley

12-1:30 p.m., Room 41B

Whether you have always longed to sing in a chorus or have sung in one for years, this course is open to you. We will learn the basics of sight-singing, as well as rounds, chants, and arranged music by such composers as Bobby McFerrin, who uses his voice to create sound effects and percussion, and Ysaye Barnwell, a member of the African American a cappella group Sweet Honey in the Rock. Learn to sing one piece in the first session and up to five songs by session four. Join us to strengthen your voice and confidence and make a joyful noise!

Lauren Carley teaches the Joy of Singing choral ensembles for OLLI at San Francisco State University and is the artistic director for the community choruses Variety Pack and Rhythm Society. She also teaches individuals and groups and leads women's retreats in finding one's authentic voice through circle singing for joy, healing, and ritual.

Fall Lecture Series: Politics and Science

Mondays, 12:15–1:15 p.m. 150 University Hall (2199 Addison St.)

Free for OLLI members and current UC Berkeley faculty, staff, and students with ID. \$5 general admission.

International Law, Human Rights, and Torture

Rita Maran

President, United Nations Association East Bay Oct. 20

Mind, Brain, and Consciousness

David Presti

Senior Lecturer of Neurobiology, UC Berkeley Oct. 27

Racial Identity and the Census

Michael Omi

Associate Professor of Ethnic Studies, UC Berkeley Nov. 3

Rosalind Franklin and the Discovery of DNA

Lynne Elkin

Professor Emerita of Biological Studies, Cal State East Bay Nov. 10





Still from documentary Ask Not, by Johnny Symons

Bay Area Documentary Filmmakers

Michael Fox

1:30-3:30 p.m., Room 150

Over the past 40 years, the Bay Area's astonishing number of documentary filmmakers have earned an international reputation for being at the forefront of social issues, exposing injustices at home and abroad, and reviving ignored or forgotten history. Each session will feature a recent film, followed by an intimate conversation with the director. We will discuss the myth of objectivity, the challenge of balancing education and advocacy, and the importance of drama and suspense. In particular, we will focus on the ethical dilemmas, responsibilities, and solutions that every documentary maker confronts.

Michael Fox has written about film for more than 50 regional and national publications and Web sites since 1987, including *SF Weekly*, SF360.org, PBS.org, and KQED.org. Fox curates and hosts the CinemaLit film series on Friday nights at the Mechanics' Institute. He is an instructor at OLLI at San Francisco State University and UC Berkeley, and a member of the San Francisco Film Critics Circle.

Telling Your Stories With Technology

David Casuto

10/6-11/24 6-8 p.m., Room 41B

What life experiences would you like to share with your family and friends? Do you want to record your memoirs in a way that you never have? Digital

storytelling is an easy-to-create audio/visual medium for immortalizing your legacy. We will learn how to use simple, free software tools to combine photos, images, music, and your voice to tell your stories, whether fact or fiction. You will create your own personal CD or Web site that documents stories in a way you may never have imagined. Please bring your own laptop, or call the OLLI office at 510.642.9934 to arrange for a rental.

David Casuto is the founder and lead instructor of Senior Surf, a Bay Area non-profit that empowers older adults to become more savvy at Internet navigation, digital photography, photo editing, digital storytelling, graphic design, e-mail, Microsoft Word, and other tricks of the trade. He is also attaining his master's degree in instructional technology. Visit his Web site at senior-surf.org.

(No Class on Nov. 11)

Oct. 7 – Nov. 18

COURSES/Tuesdays

Most courses held in University Hall, 2199 Addison Street, except where noted.

History of French Literature: Middle Ages –18th Century

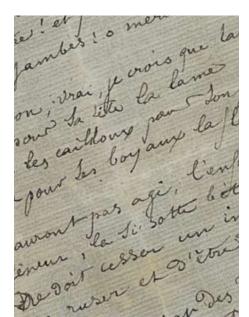
Erika Blatt Harkins

10 a.m.—noon Gaia Arts Center (2120 Allston Way)

In this lively introduction to French literature, we will explore how France's history influenced social, cultural, and literary trends. For the Middle Ages, we will examine *The Romance of the Rose*, Chrétien de Troyes, Christine de Pisan, and François Villon. The 16th century introduces us to the Pleiades and the works of François Rabelais and

Michel Eyquem de Montaigne. The Golden Age of French Literature in the 17th century brings us Pierre Corneille and Jean Racine (Baroque versus Classicism), as well as Madame de la Fayette (selfanalysis novel). We will end the course by discussing Voltaire and Denis Diderot.

Erika Blatt Harkins received her degrees in French Literature in Bucharest, Romania, and at the University of Paris. An instructor for 25 years, she teaches on the premises that literature and history are interrelated and complementary. In addition to her background in the humanities, she also has a master's degree in organic chemistry.





Psychology and Opera: Verdi's Human Dilemmas

Gerald Mendelsohn

1:30–3:30 p.m. Gaia Arts Center (2120 Allston Way)

In the 52 years between his first opera, Oberto (1839), and his last, Falstaff (1891), Giuseppe Verdi created a body of work unsurpassed in its variety, emotional force, and humanity. Verdi was not a self-conscious revolutionary. Rather, his history is one of steady and increasing mastery. Within the context of his life and times, we will trace his growing success in portraying individuals who grappled with fundamental human dilemmas. Recommended reading: Opera as Drama, by Joseph Kerman.

Gerald Mendelsohn is a research psychologist and professor of psychology at UC Berkeley. He teaches courses in personality and social psychology and has researched a range of issues, including creativity and health psychology. He has published articles on Giuseppe Verdi, an Italian opera composer, in both music and psychology journals.



The American Musical: From Vaudeville to Show Biz

Joanna Harris

1:30-3:30 p.m., Room 41B

Through music, tapes, and DVDs, we will survey the background of musical theater, vaudeville, variety, follies, and other forms through the Golden Age of the 1940s and '50s. We will consider the folklore, social history, and styles and structures of theater and performance, including musical scores, choreography, script, and design. Finally, we will look at new shows and why "they ain't what they used to be." Recommended viewing: "Broadway: The American Musical," a PBS series.

Joanna Harris is a dance teacher, dance historian, and lecturer in theater and drama. She has taught at UC Berkeley, UC Santa Cruz, and Cal State University at Hayward and Sonoma. Her courses were recently offered at Diablo Valley College's Emeritus Program at Rossmoor. This fall she will publish Beyond Isadora: Bay Area Dancing, 1915–1965.

Staging History 1959–99: Four Decades With the San Francisco Mime Troupe

R. G. Davis and Joan Holden 6–8 p.m., Room 150

Organizations — and artists — are never static. Davis, founder of the San Francisco Mime Troupe, and Holden, its principal playwright for three decades, will trace the company's evolution from a directorrun, artistically radical experimental troupe to a collective-run, politically

radical "people's theater." They will place 12 plays within their contexts: the 1950s; the artistic avant-garde; the civil rights movement; the Vietnam War; the New Right backlash and the Reagan Revolution; deindustrialization; the emergence and disappearance of public funding for the arts; globalization; and oil wars.

R. G. Davis founded the San Francisco Mime Troupe, America's best-known political theater company, and directed it until 1970 when the "radical years" began. He has two master's degrees and is completing his Ph.D. at UC Davis on ecological aesthetics. He also founded a Center for the Study of Bertolt Brecht and Epic Theatre in the 1970s and taught, directed, and worked in alternative and off-Broadway theater.

As the mime troupe's playwright from 1970 to 2000, Joan Holden wrote or co-wrote The Independent Female, False Promises, The Hotel Universe, Ripped Van Winkle, Steeltown, and City for Sale, among other plays. She has translated and adapted several works, wrote the widely produced stage adaptation of Barbara Ehrenreich's Nickel and Dimed, and is collaborating on a new play based on interviews with undocumented workers.

Most courses held in University Hall, 2199 Addison Street, except where noted.



International Challenges Facing the Next President

Harry Kreisler

10 a.m.–noon Gaia Arts Center (2120 Allston Way)

Through lively, stimulating discussions, this course will enhance your understanding of strategic issues confronting the United States and the world in the 21st century. Using "Conversations with History," an archive of unedited video interviews in which distinguished people from around the globe discuss their lives and work, we will explore such topics as the Bush legacy, the shifting balance of world power, and the ideas that might influence the next president as he shapes a new approach to the world.

Harry Kreisler is the executive director of UC Berkeley's Institute of International Studies. He is also the creator, executive producer, and host of "Conversations with History," which is broadcast on cable and satellite TV and online at globetrotter. berkeley.edu/conversations. Kreisler teaches a unique course each spring, Issues in Foreign Policy after 9/11, that is open to Berkeley students for credit and to the general public for free.

Imagining a "Statue of Liberty" for the Bay Area

Mildred Howard

10/8-11/5

11 a.m.–2 p.m., Room 41C, with fieldtrips to various Bay Area monuments

This course will explore what constitutes a monument, with special attention paid to memorial places in Northern California that are internationally significant. How have political thought, social activity, and character of place served as catalysts? Can these venues speak to the role of artists and art today? Does human behavior in contemporary public spaces differ from that of the classical civic space? We will

investigate how tolerance and diversity have modified the visual principles and spatial values of Northern California's monuments.

Mildred Howard is a mixed media and installation artist whose work draws on a wide range of historical and contemporary experiences. Her work is shaped by memory, history, family, identity, and place, but seeks to engage viewers in a creative dialogue that transcends the personal. She has received numerous awards, including fellowships from the Anonymous Was a Woman Foundation and the Rockefeller Foundation, and a grant from the National Endowment for the Arts.





Your Brain on Plants and Drugs

David Presti

12:30-2:30 p.m., Room 41B

Nowhere are the connections among chemistry, physiology, botany, psychology, sociology, history, public policy, and constitutional law more vividly illustrated than in understanding the effects of drugs on the human brain and human behavior. Until recently, most drugs were plants. Focusing on several prominent examples — including coffee, tea, cacao (source of chocolate), tobacco, cannabis, wine, and absinthe — we will explore the complex history and current neuroscience behind how drugs work on the mind and body.

David Presti has taught neuroscience at UC Berkeley for 17 years. He has also taught neuroscience to Tibetan monks in India and worked for more than a decade in the clinical treatment of drug addiction. He is interested in how science can address the connection between what we know as the brain and what we call the mind.

American Foreign Policy: Where Do the Candidates Stand?

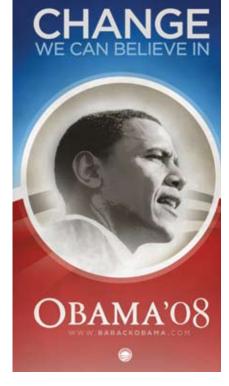
Beverly Crawford

1:30-3:30 p.m.

Gaia Arts Center (2120 Allston Way)

What will America's global role be under a new president? What issues will the next president face, and how will he handle them? This course will present an overview of foreign policy issues at stake in the next election and provide members with an analytic framework to assess and predict America's role under a new administration.

Beverly Crawford teaches political economy and American foreign policy at UC Berkeley and is the associate director of the Institute of European Studies. Her recent books include: Globalization Comes Home: How Globalization is Changing America; Power and German Foreign Policy: Embedded Hegemony in Europe; and The Convergence of Civilizations: Constructing a Mediterranean Region.



The Obama Phenomenon and African American Leadership

Robert C. Smith

6-8 p.m., Room 150

This class will explore Barack Obama's presidential campaign and its relationship to African American leadership. We will also examine the use of the "race card" in the 2008 campaign, as well as the nation's capacity to address the problem of racialized poverty. Recommended reading: African American Leadership, by Ronald Walters and Robert C. Smith.

Robert C. Smith is professor of political science at San Francisco State University. He is the author of three volumes on African American leadership and the editor of a third volume. In addition, he has written articles on the subject and is author of the Encyclopedia of African American Politics.

CALENDAR

Most courses held in University Hall, 2199 Addison Street, except where noted.

Mondays

Oct. 6 – Nov. 10

10 a.m.-12 p.m.

Justice and Power

Jeff Lustig

Room 150

12-1:30 p.m.

Joy of Singing

Lauren Carley

Room 41B

12:15-1:15 p.m.

10/20, 10/27, 11/3, and 11/10

Fall Lecture Series: Politics and Science

Room 150

1:30-3:30 p.m.

Documentary Filmmakers

Michael Fox

Room 150

6-8 p.m.

10/6-11/24

Telling Your Stories

David Casuto

Room 41B

Tuesdays

Oct. 7 - Nov. 18

(No class on Nov. 11)

10 a.m.-12 p.m.

History of French Literature

Erika Blatt Harkins

Gaia Arts Center

1:30-3:30 p.m.

Psychology and Opera

Gerald Mendelsohn

Gaia Arts Center

1:30-3:30 p.m.

American Musical

Joanna Harris

Room 41B

6-8 p.m.

Staging History

R. G. Davis and Joan Holden

Room 150

Wednesdays

Oct. 1 – Nov. 5

10 a.m.-12 p.m.

Next President

Harry Kreisler

Gaia Arts Center

II a.m. –2 p.m.

10/8-11/5

"Statue of Liberty" for the

Bay Area

Mildred Howard

Room 41C, plus fieldtrips

12:30-2:30 p.m.

Plants and Drugs

David Presti

Room 41B

1:30-3:30 p.m.

Foreign Policy

Beverly Crawford

Gaia Arts Center

6-8 p.m.

Obama Phenomenon

Robert C. Smith

Room 150







Thursdays Oct. 2 – Nov. 13

(No class on Oct. 9 except Digital Culture 0101)

Fridays Oct. 3 - Nov. 7 Weekends

10 a.m.-12 p.m.

Charles Darwin

John Dillon

Room 41B

1:30-3:30 p.m.

Hinduism

Luis González-Reimann

Room 41B

3:30-5 p.m.

Cal Performances Dance Series (Yearlong)

Room 150

Cal Performances Music Series (Yearlong)

Room 150

5-7 p.m.

10/2-11/6

Digital Culture 0101

Richard Rinehart

BAM Theater

6-8 p.m.

Global Politics, World Music

Darren Zook

Room 150

9:30-11:30 a.m.

All Things Reconsidered

William Drummond

Room 41B

10 a.m.-4 p.m. 10/3 and 10/17

Second-Half-of-Life Tales

Allan Chinen

Room 41C

1:30-4:30 p.m.

10/10, 10/24, 10/31, and 11/7

Remembering History

Susan Griffin

Room 41C

Saturday, II/I

10 a.m.-4 p.m.

Brain Health

Alvaro Fernandez

Room 150

Sundays

11/16/08, 2/8/09, and 4/19/09

2-5 p.m.

Theatre Series

Lynne Kaufman

Aurora Theatre

Academic Calendar for 2008-09

Fall 2008

Open House: Sept. 16

Fee assistance deadline: Sept. 22 Session dates: Oct. I- Nov. 18 Holiday: Oct. 9 (except for Digital

Culture 0101) and Nov. 11

Winter 2009

Open House: Jan. 13

Fee assistance deadline: |an. 16 Session dates: Jan. 26 – March 9

Holiday: Feb. 16

Spring 2009

Open House: March 17

Fee assistance deadline: March 20 Session dates: March 30 – May 8

No holiday

Summer 2009

calendar to be announced

VENUES/Maps



Directory of Venues

All venues are wheelchair accessible. Visit **olli.berkeley.edu** for directions.

Aurora Theatre 2081 Addison St.

Berkeley Art Museum (BAM) Theater 2621 Durant Ave.

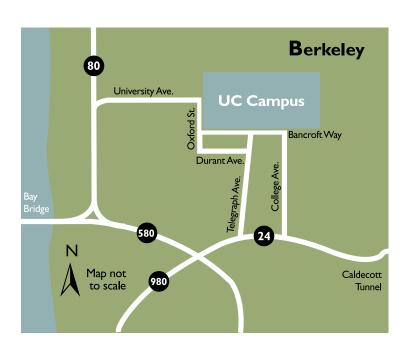
Berkeley Repertory Theatre 2025 Addison St.

Gaia Arts Center 2120 Allston Way

University Hall

(Rooms 41A, B, and C and 150) 2199 Addison St.

Zellerbach HallUC Berkeley campus





COURSES/Thursdays

Most courses held in University Hall, 2199 Addison Street, except where noted.

Charles Darwin: His Life, Times, and Science

John Dillon

10 a.m.-12 p.m., Room 41B

The world is about to celebrate Charles Darwin's 200th birthday and the 150th anniversary of his classic, The Origin of Species. Darwin — middling student, hypochondriac, reclusive country squire, and gentle family man — seems an unlikely scientific revolutionary. This class will look at the personal and cultural environment in which both he and his science evolved. His remarkable family, grand voyage aboard the Beagle, colleagues, and competitors all help to reveal why he is so fascinating and why his science remains vital today. Recommended reading: Charles Darwin: Voyaging and Charles Darwin: The Power of Place, by Janet Browne; Darwin: The Life of a Tormented Evolutionist, by Adrian Desmond and James Moore; and Darwin for Beginners, by Jonathan Miller and Borin Van Loon.

John Dillon is curator of natural science at San Francisco's Randall Museum and a lecturer at the UC Berkeley and UC Santa Cruz Extensions. He has studied history and philosophy of science at Cambridge University and did his graduate work in zoology and philosophy at Duke University. He is a member of the History of Science Society and the British Society for the History of Science.

Major Themes in Hinduism

Luis González-Reimann

1:30-3:30 p.m., Room 41B

Hindu cosmological, philosophical, and religious ideas have fascinated the West since the 18th century. The growing interest in Indian spiritual traditions that arose in the 1960s, together with the arrival of Indian immigrants to the United States starting in the 1970s, have made Hinduism a permanent presence. This course will look at some fundamental Hindu ideas that are crucial to many religious traditions. What is the "Self?" What is liberation? How are reincarnation and the creation of the world

Cal Performances Music Series and Dance Series

In honor of Robert Cole, who is stepping down as director of Cal Performances following 23 remarkable years, OLLI @Berkeley is offering two yearlong courses based on six dance and six music performances that Cole has chosen. Attend an in-depth discussion led by Cole or other special guests on the Thursday before each selected performance, then see the show at a discounted ticket price. Courses are from 3:30 to 5 p.m. in 150 University Hall (2199 Addison St.). Performance tickets are not included and are only available through calperfs.berkeley.edu or 510.642.9988.

Music Series	Courses	Performances
Richard Goode, piano	10/2/08	10/5/08
Jerusalem Symphony Orchestra	10/23/08	10/26/08
Salvatore Licitra, tenor	1/8/09	1/10/09
Academy of St. Martin in the Fields	2/12/09	2/14/09
Brentano String Quartet	3/12/09	3/13/09
American String Quartet	4/2/09	4/5/09

Dance Series	Courses	
Note: Performance dates for the Dance Series to be determined.		
Kirov Ballet of the MariinskyTheatre	10/16/0	
Merce Cunningham Dance Company	11/6/08	
Pascal Rioult Dance Company	1/29/09	
Alvin Ailey American Dance Theater	3/5/09	
Eifman Ballet of St. Petersburg	4/23/09	
Mark Morris Dance Group	5/21/09	

connected? Will the world come to an

end? What is the purpose of ritual?

Luis González-Reimann has written

extensively on Indian concepts of time

and world ages. He holds an M.A. from

El Colegio de Mexico and a Ph.D. from

UC Berkeley. He has taught at Berkeley

for 10 years and is the author of books

mythology. His most recent book is The

Mahabharata and the Yugas.

and articles on Indian religions, history, and

Digital Culture 0101:A New Way to Learn about New Media

5–7 p.m. Berkeley Art Museum Theater (2621 Durant Ave.)

Richard Rinehart

How do digital media influence our perception of space and time? What are their social implications? This class promises a thought-provoking introduction to new media as they reflect our culture. Working directly with art works from "rip.mix.burn," the Berkeley Art Museum's pioneering exhibition, we will get a non-technical look at digital media through the lens of digital art and discuss such topics as interactivity, the body, and collective memory.

(Continued)







(Continued from pg. 9)

Richard Rinehart is digital media director and adjunct curator at the Berkeley Art Museum. He currently teaches digital art at UC Berkeley and has taught at San Francisco Art Institute, UC Santa Cruz, and San Francisco State University. Rinehart is a working digital media artist who has exhibited at Exit Art in New York and at the Yerba Buena Center for the Arts.

Global Politics, World Music

Darren Zook

6-8 p.m., Room 150

What happens when music projects its expressive and communicative potential

into the political arena? What happens when political viewpoints get involved with musical expression? This course will explore possible answers from a variety of perspectives, incorporating different political systems and a staggering array of musical styles from around the globe.

Darren Zook teaches in International and Area Studies and the Department of Political Science at UC Berkeley. His interests include international law, human rights, security studies, corruption, comparative Asian politics, and the politics of music.

COURSES/Fridays

Most courses held in University Hall, 2199 Addison Street, except where noted.

All Things Reconsidered: Public Radio and the Shaping of the American Identity

William Drummond

Oct. 3–Nov. 7 9:30–11:30 a.m., Room 41B

This course will examine the way public radio has shaped the way we think about issues and problems — in our communities, nationally and internationally — considering how public radio has created a picture frame for our national portrait. Recommended reading: Listening In: Radio and the American Imagination, by Susan J. Douglas.

William Drummond, a former editor and correspondent for National Public Radio (NPR), teaches in the Graduate School of Journalism at UC Berkeley. He was the founding editor of NPR's "Morning Edition."

Second-Half-of-Life Tales

Allan Chinen

Oct. 3 and 17 10 a.m.–4 p.m., Room 41C

While most familiar fairy tales like *Cinderella* focus on youth, a group of folktales feature

middle-aged and older protagonists who portray the milestones of aging. Folktales, supplemented by classic stories (literary tales handed down over time), also present common problems that we encounter in real life, like being stuck in an unwelcome script. Fortunately, these same stories present solutions. Using storytelling, discussion, visualization, writing our own fairy tales, and enacting stories, we will explore the journey that is living happily ever after. Recommended reading: Once Upon a Midlife, by Allan Chinen.

Allan Chinen, M.D. is a psychiatrist in private practice in San Francisco and clinical professor of psychiatry at UC San Francisco. He is the author of *In the Ever After, Once upon a Midlife, Beyond the Hero,* and *Waking the World.*

Remembering History

Susan Griffin

Oct. 10, 24, 31, and Nov. 7 1:30–4:30 p.m., Room 41C

History — before and during our lives — exists within all of us. Whether intentionally or unintentionally, we create history, too. And even our most private memories

can be better understood through the lens of history. We will explore many ways to enhance, shape, and combine the significance of memory with the intimacy of history, as well as read several works that combine history and memoir. Writing will be encouraged, but not required. Recommended reading: A Chorus of Stones, The Private Life of War and Wrestling with the Angel of Democracy, On Being an American Citizen, by Susan Griffin; The Bishop's Daughter, by Honor Moore; and The Names of Things, by Susan Brind Morrow.

Susan Griffin has published 19 books, including Woman and Nature, a classic work that inspired eco-feminism. A Chorus of Stones, the Private Life of War was a finalist for both the Pulitzer Prize and the National Book Critics Award. Named by Utne Reader as one of a hundred important visionaries for the new millennium, Griffin has received several grants, as well as an Emmy Award for her play Voices. She is currently co-editing an anthology entitled Transforming Terror, Remembering the Soul of the World.

WORKSHOP AND COURSE/Weekends

Most courses held in University Hall, 2199 Addison Street, except where noted.

The Science of Brain Health and Fitness

Alvaro Fernandez

Nov. 1, \$75 10 a.m.-4 p.m., Room 150

Neuroscientists have shown how the human brain retains neuroplasticity (the ability to rewire itself) and neurogenesis (creation of new neurons) during its full lifetime, leading to a new understanding of what aging means. We will review the science behind some key concepts in this field and explore their implications on our lifestyles: neuroplasticity and neurogenesis, the cognitive reserve theory for healthy aging, computer-based cognitive training programs, emotional self-regulation, and the four pillars for lifelong brain health. We have all heard, "Use it or lose it." The latest research suggests that we "use it and improve it."

Alvaro Fernandez is CEO and cofounder of SharpBrains. He holds an M.A. in education and an M.B.A. from Stanford University. Fernandez started his career with McKinsey & Company and has participated in the launch and turnaround of several education companies.

Theatre Matinee Series

Lynne Kaufman

Nov. 16, 2008; Feb. 8, 2009; April 19, 2009 2–5 p.m., Aurora Theatre (2081 Addison St.)

The more we understand how theater's various aspects are forged to create a unified performance, the greater our pleasure in watching a show. We will attend three Sunday matinees — George Bernard Shaw's The Devil's Disciple (Nov. 16), George Packer's Betrayed (Feb. 8), and August Strindberg's Miss Julie (April 19) — at the Aurora Theatre, one of Berkeley's finest companies. Kaufman will moderate an interactive forum following each performance that will feature a director, actor, or designer from the Aurora. Matinee tickets included.

Lynne Kaufman is a playwright and novelist. Her plays have been produced at The Magic Theatre, Theatreworks, Actors Theatre of Louisville, The Fountain Theatre in L.A., and

The Abingdon in New York and have won numerous local and national awards. She teaches writing at Esalen Institute and OLLI San Francisco and currently leads UC Berkeley Extension's London Theatre Program.



2007-08 ANNUAL FUND DONORS

OLLI @Berkeley gratefully acknowledges

those individuals whose contributions helped us build our rich and growing program. We regret any errors or omissions.

\$25 to \$99

Christine England Rose Fox Lily Gerson Dora Henel Patricia Jones Maya Kennedy Elwood Lentz, Jr. Julie Morris Patricia Putta Gary Robinson Carol St. John

\$100 to \$249

Daniel Altman Sandra P. and Edwin M. Epstein Stanley Goldberg Edith Goldstein

Diane and George Hersh Paula and William B. Inwood

Michael Kahn

Marcia Luperini

Jill Reese John Sivley

Nancy Spaeth

Elizabeth and Norman Van Patten

Sallie Weissinger Linda Wood

\$250 to \$499

Susan Hoffman and Brian Murphy Linda and Steve Lustig Lynn MacDonald Marjorie and Mark Medress Diane Plank

Lucille and Arthur Poskanzer

Marian Whitehead and

Burns Macdonald

\$500 to \$999

Joe and Carol Neil Margaret and James Pillsbury

\$1,000 and above

Deborah and Howard Goodman Wendy and Mason Willrich

INFORMATION



Membership

Membership in OLLI @Berkeley is required to enjoy the full range of offerings, including courses, lectures, and special events. There are three levels of membership — single session, annual, and all-inclusive. All levels include the benefits listed below, with savings at the annual and all-inclusive levels.

Benefit Highlights

- Opportunity to register in 60 courses and events annually
- Priority access to the special events and Lecture Series (not offered every session)
- Participation in interest circles formed by OLLI members
- Discounts to the Berkeley Art Museum/ Pacific Film Archive, Lawrence Hall of Science, UC Botanical Garden, and UC Berkeley Extension courses
- For annual and all-inclusive members, one-year senior membership in the California Alumni Association (CAA) at no additional cost, which includes: a subscription to *California* magazine; free library privileges to all UC campuses; and several discounts around Berkeley. For a complete list of benefits, visit alumni.berkeley.edu.

Membership Dues

- Single Session \$50
- Single Session for CAA members and current/retired staff/faculty of UC Berkeley and Lawrence Berkeley National Laboratory (with proof of status) – \$40
- Annual \$100 per academic year.
 Available only in the fall.
- All-inclusive \$600 per academic year.
 Includes up to three courses per session and priority registration through each open house. Available only in the fall.

Course Fees (per session)

• One course \$125

• Two courses \$225

• Three courses \$310

Add \$75 for each additional course beyond three courses.

Registration

Early registration is encouraged due to limited space. Register by mail with the registration form or online at **olli.berkeley. edu**. Checks or credit cards accepted. You may print additional copies of the registration form from the Web site.

Fee Assistance Program

To be considered for fee assistance, write to OLLI @Berkeley, 1925 Walnut St. #1570, Berkeley, CA 94720-1570 by Monday, Sept. 22. Please describe your need and list which courses you would like to take and why. Include your contact information. There will be a \$25 processing fee if you are selected. Notification will be Thursday, Sept. 25.

Enrollment Confirmation

Enrollment confirmations will be sent by e-mail, or by mail for those without e-mail.

Adding or Dropping Courses

You must call 510.642.9934 to add or drop courses. Members are not automatically dropped if they do not attend.

Refunds

Members can receive course fee(s) refund(s) up to one week before class begins. There are no refunds for membership dues.

Identification Cards

OLLI identification cards will be distributed at the first class.

Volunteer

Please call 510.642.9934 to volunteer for OLLI Ambassadors or the Curriculum, Membership and Outreach, and Annual Fund Committees. Other volunteer opportunities include teaching assistant, newsletter editor, or photographer.

OLLI Partnerships

University:

Berkeley Art Museum/Pacific Film Archive California Alumni Association Cal Performances Educational Technology Services Lawrence Hall of Science UC Berkeley Extension UC Berkeley Retirement Center UC Botanical Garden at Berkeley University Relations

Community:

Anna's Jazz Island
Aurora Theatre
Berkeley Repertory Theatre
Gaia Arts Center
KALW-91.7 FM
Oakland Museum of California

Contact Us:

1925 Walnut St. #1570 University of California, Berkeley Berkeley, CA 94720-1570

Phone: **510.642.9934** Fax: **510.642.2202**

E-mail: berkeley_olli@berkeley.edu Web site: olli.berkeley.edu

OLLI @BERKELEY REGISTRATION FORM — FALL 2008

FIRST NAME	MIDDLE NAME		LAST NAME	
ADDRESS	CITY	STATE		ZIP
DAYTELEPHONE	EVENING TELEPHONE		E-MAIL	
Please select desired courses:				
Mondays Lustig: Justice and Power Carley: Joy of Singing Fox: Documentary Filmmakers Casuto: Telling Your Stories (\$160) Tuesdays Harkins: History of French Literature Mendelsohn: Psychology and Operation Harris: American Musical Davis/Holden: Staging History	Dillon: Charles González-Reim	ue of Liberty'' d Drugs ign Policy Phenomenon Darwin ann: Hinduism tes Dance Series	Zook: Global F Fridays Drummond: A Chinen: Second Griffin: Remem Saturday, Nov. I Fernandez: Bra Sundays	al Culture 0101 Politics, World Music Ill Things Reconsidered d-Half-of-Life Tales abering History In Health (\$75) tre Series (Yearlong)
Membership dues (select one) Single Session Single Session for current/retired UCB/LBNL staff/faculty and CAA members (enclose copy of ID) 2008–09 Annual (available only in fall) 2008–09 All-inclusive (includes three courses per session at membership at no additional cost	, , , ,	Course fees One course Two courses Three courses Each additional cour Casuto:Telling Yo	our Stories	\$125 \$225 \$310 \$75 \$160 \$75
For information about the Fee Assistance	Program, call 510.642.993	34.	Total Payment	\$
Check (made payable to UC Reger Credit card (select one): Visa MasterCard An	ts) nerican Express AUTHORIZING SIGNA	EXPIRATION DATE	(Tax-deductible t the law) Check enclo to UC Reger Annual Fund	Seed made payable nts (note "For OLLI d'") ge the same credit card
Address same as above Billing address if different from abov	e:		used for regi	
Mail to OLLI @Berkeley, 1925 Walnut St. #1570, Berkeley, fax to 510.642.2202, or register or		du.	FOR OFFICE US DATE FORM RECEIVED ENROLLMENT TAKEN BY	



Berkeley, CA 94720-1570

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OPEN HOUSETUESDAY, SEPT. 16, 2008

9:30 a.m.—noon (Doors open 9 a.m.) Berkeley Repertory Theatre 2025 Addison St. (at Shattuck Ave.)

RSVP: **510.642.9934** berkeley_olli@berkeley.edu

Web site: olli.berkeley.edu

Fall 2008 session: Oct. 1-Nov. 18



