



# Fall 2011

**OLLI** @ UNIVERSITY OF CALIFORNIA Berkeley  
Osher Lifelong Learning Institute

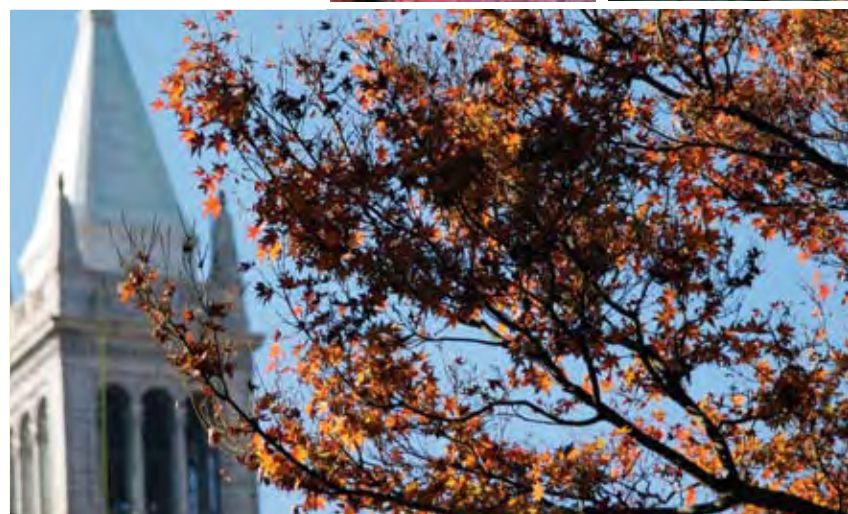


Courses

Workshops

Lectures

Community



**September 26 – November 4**

**[olli.berkeley.edu](http://olli.berkeley.edu)**

An educational program for older adults  
who are learning for the joy of it.

## Fall 2011 Director's Greeting

### Who We Are

OLLI @Berkeley is an educational program for lifelong learners age 50 and up who are eager to explore traditional and new areas of knowledge — without exams or grades. Distinguished Berkeley faculty members and other Bay Area teachers enjoy sharing their expertise with members whose life experience and intelligence enrich the exchange of ideas.

Membership in OLLI @Berkeley is required to participate in the full range of offerings. Joining OLLI @Berkeley means discovering new friends, new knowledge, and new ways to bring meaning and enjoyment to our lives.

OLLI @Berkeley is one of more than 120 Osher Lifelong Learning Institutes nationwide. It is supported by the University of California, Berkeley, OLLI members, and donors who match the Bernard Osher Foundation's contribution to OLLI.

Director: Susan Hoffman  
Program Coordinator: Aileen Kim  
Program Assistants: RJ Bruno, Satya Levine



### Contact Us:

#### Office/Library:

1925 Walnut St. #1570  
University of California, Berkeley  
Berkeley, CA 94720-1570  
Phone: 510.642.9934  
Fax: 510.642.2202  
E-mail: [berkeley\\_olli@berkeley.edu](mailto:berkeley_olli@berkeley.edu)  
Web site: [olli.berkeley.edu](http://olli.berkeley.edu)

Contributing photographers: Flavijus, Jennifer Graham,  
Keegan Houser, Aileen Kim, Dr. Wendy Longo,  
Madaboutasia

### The 2011–12 season marks a milestone —

OLLI @Berkeley's fifth anniversary at UC Berkeley. While our faculty and curriculum make us stand out among educational programs for older adults, the real key to our continued growth is you.



By telling your friends about us, you contributed to a stellar 40 percent increase in membership last year alone. Your tireless volunteer service guides our organization's key functions. Your investment in your own learning inspires us to offer challenging material and shapes the direction of our programming. Simply put, we love you for loving us and invite you to celebrate our anniversary kickoff by joining us this fall.

- We welcome back such favorites as Michael Thaler and Michael Fox, who will use films to stir new insights on provocative subjects, and are delighted to introduce Marion Gerlind, an expert in German literature, and Katharine Young, a scholar on the senses across time and cultures.
- To comprehend international issues, consider Darius Zahedi's course on the Middle East's perplexing path to democracy, Martha Saavedra's course examining positive shifts in Africa, or Clare Fischer's course on Bali's visual and performing arts.
- A course available online or in-person will offer the latest information and tools to help you stay mentally sharp.

Please join us on Tuesday, September 13, to learn about this fall's stimulating lineup. Thank you for showing us, term after term, that you value what OLLI brings to your life.

#### Susan Hoffman

Director, OLLI @Berkeley

## Open House

Tuesday, Sept. 13, 2011

9:30 a.m.                      Doors open  
10 a.m.–noon                Program

Freight & Salvage Coffee House  
2020 Addison St. (at Shattuck Ave.)

**Reservations:** 510.642.9934 or [berkeley\\_olli@berkeley.edu](mailto:berkeley_olli@berkeley.edu)

**Web site:** [olli.berkeley.edu](http://olli.berkeley.edu)

**Fall 2011 term: Sept. 26 – Nov. 4**

See the centerfold for a map of where the courses are held.



Film still of *Schindler's List*

### Figures of Speech: First Amendment Heroes and Villains

**William Turner**

10 a.m.–noon, UH Room 150

Who were the colorful characters involved in famous First Amendment controversies? Some of them may be considered heroes, and some villains. They include WikiLeaks founder Julian Assange, Communists, Jehovah's Witnesses, funeral protesters, prison wardens, the world's leading pornographer, federal judges, and a computer whiz. Beyond being interesting, their stories inform the 21st-century understanding of First Amendment freedoms of speech and press.

**William Turner** has taught First Amendment courses at UC Berkeley for

more than 25 years and continues to teach undergraduates. He practiced law for 45 years, specializing in civil rights and constitutional law, and argued three cases in the U.S. Supreme Court. His book, *Figures of Speech: First Amendment Heroes and Villains*, was published in 2011.

### Schnupperkurs: Introduction to German Literature

**Marion Gerlind**

10 a.m.–noon, UH Room 41B

Have you always wanted to study German literature but dared not do it alone? This course will give you the opportunity to explore six well-known authors whose works have influenced and inspired generations of readers far beyond national and linguistic boundaries. Starting with Lessing's classical drama *Nathan the Wise*,

we will then read Kafka, Böll, Bachmann, Wolf, and Kluger's internationally acclaimed memoir *Still Alive*.

**Marion Gerlind**, originally from Hamburg, Germany, has taught German language, literature, and culture at college and community settings in both Germany and the states for more than 20 years. She is the founder of the Gerlind Institute for Cultural Studies in Oakland.

### Joy of Singing

**Lauren Carley**

10:30 a.m.–noon, Location TBD

Whether you have always longed to sing in a chorus or have sung in one for years, this course is open to you. Learn the basics of sight-singing, as well as rounds, chants, and arranged music by composers such as Bobby McFerrin, who creates

sound effects and percussion with his voice, and Ysaye Barnwell, a member of the African American *a cappella* group Sweet Honey in the Rock. Join us to strengthen your voice and confidence and make a joyful noise!

**Lauren Carley** is the artistic director for the community choruses Variety Pack and Rhythm Society. She teaches individuals and groups and leads women's retreats in finding one's authentic voice through circle singing for joy, healing, and ritual.

### Re-viewing the Holocaust

**Michael Thaler**

1–3 p.m., UH Room 150

Popular attitudes toward the Holocaust have been shaped and reflected in films and other media. We will view selections from award-winning films to discuss the role of artistic, cultural, and ideological perspectives on this cataclysmic event, the problem of historical accuracy in framing dramatic narratives, and challenges of interpretation. A preliminary list of films includes *Night and Fog* (French), *Sunshine* (Hungarian); *Europa, Europa* (German); *Sophie's Choice* (US); *Life is Beautiful* (Italian); *Schindler's List* (US); *The Pianist* (Polish/German); and *The Counterfeiters* (Austrian).

**Michael Thaler** is professor emeritus of pediatrics and the former chief of

pediatric gastroenterology, hepatology, and nutrition at UCSF. A Holocaust survivor, he has also taught Holocaust-related courses at UC Santa Cruz and other institutions.

### Bali's Art, Religion, and Performance

**Clare Fischer**

1–3 p.m., UH Room 41B

Bali's diverse and impressive cultural life embraces a rich legacy of religious and artistic practice. Experience a taste of the country's complex artistry in this exploration of Balinese visual expression (painting, sculpture, and textile) and performance (gamelan, dance, and puppetry). Lectures on the geographical and historical features that shape Bali's unique character will guide our discussion, while special guests will enhance our understanding.

**Clare Fischer**, professor emerita of religion and culture at the Graduate Theological Union, is a core research member of UC Berkeley's Tourism Studies Working Group. She has co-led many tours with her husband to Indonesia and has conducted research on women, myth, and ritual in Mesoamerica.



See the centerfold for a map of where the courses are held.

## Entrepreneurship and Democracy in the Middle East

**Dariush Zahedi**

10 a.m.–noon, F&S

Recent protests in the Middle East and North Africa highlight the sobering fact that neither Iran nor any of the Arab League's 22 member states is, as yet, a stable, full-fledged democracy with a diversified, vibrant economy. We will examine why most Middle Eastern nations have failed to combine economic growth, equity, and democratization; why economic liberalization has generally given way to crony capitalism and the concentration of wealth and power in the hands of the few; and how Turkey, which has managed to buck this trend, can serve as a model for the region.

**Dariush Zahedi** is a lecturer in political science at UC Berkeley. He has published two books on Iran, and his articles have appeared in such publications as *Foreign Affairs*, *New York Times*, *Harvard Middle Eastern and Islamic Review*, *Middle East Policy*, and *Turkish Insight*.

## Philosophy of the Senses

**Katharine Young**

10 a.m.–noon, UH Room 41B

Each sense conjures up its own reality: the rarified, shifting, impalpable world of smell; the solidified, palpable, obtrusive world of touch; the light, colored, voluminous visual world; the tangible, textured, flavored world of taste; the layered, modulating, episodic auditory world. Melding aesthetics, anthropology, history, folklore, and philosophy, this course will explore the senses across



individual perceptions, cultures, and historical periods.

**Katharine Young** is an independent scholar/writer, visiting lecturer at UC Berkeley, and author of *Presence in the Flesh: The Body in Medicine* and *Taleworlds* and *Storyrealms: The Phenomenology of Narrative*. She is studying gestures and narrative, body image, space, interiority, consciousness, volition, thought, emotion, memory, and time in somatic psychology.

## Bay Area Documentary Filmmakers

**Michael Fox**

1–3 p.m., F&S

The Bay Area has an international reputation as a bastion of documentary filmmakers. Over the past 40 years, local

filmmakers have gravitated to exposing contemporary social injustices at home and abroad and reviving ignored or forgotten history. Each session will feature a recent film, followed by an intimate conversation with the director. We'll focus on the practical and ethical challenges of making documentaries, encompassing each step from conception to distribution.

Since 1987, **Michael Fox** has written about film for dozens of regional and national publications, including *SF Weekly*, *SF360.org*, *PBS.org*, and *KQED.org*. Fox curates and hosts the CinemaLit film series on Friday nights at the Mechanics' Institute, and he's a film instructor at OLLI at SF State and UC Berkeley. He is a member of the San Francisco Film Critics Circle.

See the centerfold for a map of where the courses are held.

### The American Crisis

**Richard Lichtman**

10 a.m.–noon, F&S

Looking at today's economic crisis from the perspective of how it's affecting American life, this course will explore the nature of how illusions are presented and dismantled. We will investigate the economy and its ramifications; the treatment of minorities in America; media's role in shaping consciousness; new thinking on social class and mental illness; the role of the corporate state; and transcending alienation.

**Richard Lichtman** taught political philosophy and the philosophy of literature at UC Berkeley and has been a professor at the Wright Institute for 35 years. He is the author of *Essays in Critical Social Theory* and *The Production of Desire*. He received Berkeley's Distinguished Teaching Award.



### ONLINE COURSE Become Your Own Brain Fitness Coach

Facilitated by **Alvaro Fernandez**

10 a.m.–noon, UH Room 41B or online  
Wednesdays, October 5, 12, 19, and 26

\$158 for all OLLI members /  
\$185 non-members

How can we use emerging research on lifelong neuroplasticity and cognitive reserve to stay mentally sharp, a top concern for most adults over age

50? This class — available in an OLLI classroom or online from anywhere — offers the latest information and tools to help you enhance brain performance and delay decline. Instead of trusting fragmented, contradictory media coverage or product marketing claims, become your own brain fitness coach. The class is based on SharpBrains' ABBC framework (Address Basics, Build Capacities) and includes weekly assignments. A private online social network will enable students

to interact between October 1, 2011, and January 31, 2012.

**Alvaro Fernandez** is the cofounder and CEO of SharpBrains, a leading market researcher and educational website for brain fitness and cognitive health. He has been quoted by *The New York Times*, *Wall Street Journal*, CNN, and other outlets, and is a member of the World Economic Forum's Global Agenda Councils.

See the centerfold for a map of where the courses are held.



## African Futures

**Martha Saavedra**

10 a.m.–noon, UH Room 150  
Sept. 29 – Nov. 10 (no class on Nov. 3)

For many, Africa represents a continent in need, confronting disease, conflict, and poverty. Yet economic growth, Chinese investments, the 2010 South African World Cup, and even the North African revolts offer a different narrative — leading to the term “Africa Rising.” With a focus on Ethiopia, Kenya, Nigeria, and Senegal, this course will assess African prospects by examining current demographic, economic, environmental, and social trends and challenges, such as food security, climate change, energy markets, and health.

**Martha Saavedra**, Ph.D., is the associate director of the Center for African Studies at UC Berkeley. She has taught at UC Berkeley, Ohio University, and St. Mary’s College of California. Her research includes agrarian politics, ethnic conflict in Sudan, gender, sport, and development in Africa, and representations of Africa in Chinese popular culture.

## Borges, Buddhism, and Cognitive Science

**Amelia Barili**

10 a.m.–noon, UH Room 41B

Using the main principles of cognitive science, we will discuss how we bring forth worlds with our perception, interpretation, and responses, then compare them with Buddhist principles about how we can influence and change our realities. We will find these same themes in writings by Jorge Luis Borges. This course includes a lab component of self-reflection, critical inquiry, and contemplative practices to focus the mind and foster creative thinking.

**Amelia Barili** is the former book review editor of the Argentine newspaper *La Prensa*. Her journal articles and book on Jorge Luis Borges offer new understandings of his works. She teaches Borges, Buddhism, and cognitive science at UC Berkeley.

## Communicating Across Cultures: Delusions and Delights

**Joe Lurie**

1–3 p.m., UH Room 150

A West African proverb says, “The stranger sees only what he knows.” Through lectures, guests, and case studies, we’ll explore the hidden but powerful impact of culture on how we perceive reality. We’ll discuss how different concepts of time, verbal and non-verbal

communication, health, beauty, taboos, and etiquette can lead to humorous and tragic misinterpretations of other cultures. We’ll study the astonishing impact of miscommunication on business, diplomatic, and interpersonal relations. And we’re likely to be amazed by how others perceive Americans!

**Joe Lurie**, former executive director of UC Berkeley’s International House, is now an intercultural trainer, executive coach, and career counselor. Coauthor of *Close Encounters of a Cross-Cultural Kind*, Lurie has written about xenophobia for *Harper’s Magazine* and *US News & World Report*.

## Current Cases Before the U.S. Supreme Court

**Marshall Krause**

1–3 p.m., UH Room 41B

We will examine 10 actual cases pending in the U.S. Supreme Court involving such issues as church-state separation, a clash between Congress and the State Department, and routine strip searches of persons detained by police. The first class will introduce you to the court and its methods, and guide you to appropriate Internet research so that you can explore the issues, follow the arguments, and form a conclusion for class voting. You do not need a legal background to take the class, and legal jargon will be explained.

**Marshall Krause** was chief attorney for the ACLU of Northern California, a reporter for KQED, and a professor of political science at San Francisco State University. He practiced law in Marin County from 1974 to 2000 and handled seven cases decided by the U.S. Supreme Court, six of which he won.

# CALENDAR

See page 8 for a venue guide and map.

Mondays Sept. 26 – Oct. 31	Tuesdays Sept. 27 – Nov. 1	Wednesdays Sept. 28 – Nov. 2
<p><b>10 a.m.–noon, UH Room 150</b></p> <p><b>Figures of Speech</b> William Turner</p>	<p><b>10 a.m.–noon, F&amp;S</b></p> <p><b>Middle East</b> Dariush Zahedi</p>	<p><b>10 a.m.–noon, F&amp;S</b></p> <p><b>The American Crisis</b> Richard Lichtman</p>
<p><b>10 a.m.–noon, UH Room 41B</b></p> <p><b>Schnupperkurs</b> Marion Gerlind</p>	<p><b>10 a.m.–noon, UH Room 41B</b></p> <p><b>Philosophy of the Senses</b> Katharine Young</p>	<p><b>10 a.m.–noon, UH Room 41B or online</b> <b>10/5, 10/12, 10/19, and 10/26</b></p> <p><b>Brain Fitness</b> Alvaro Fernandez</p>
<p><b>10:30 a.m.–noon, Location TBD</b></p> <p><b>Joy of Singing</b> Lauren Carley</p>	<p><b>12:10–12:50 p.m., UH Room 41B</b> <b>10/4/11, 2/14/12, 7/3/12</b></p> <p><b>Aurora Theatre Series</b></p>	<div style="border: 1px solid black; padding: 5px;"> <p><b>1–2:30 p.m., F&amp;S</b> <b>10/5, 10/12, 10/19, and 10/26</b></p> <p><b>Lecture Series in Berkeley</b></p> </div>
<p><b>1–3 p.m., UH Room 150</b></p> <p><b>Re-viewing the Holocaust</b> Michael Thaler</p>	<p><b>1–3 p.m., F&amp;S</b></p> <p><b>Documentary Filmmakers</b> Michael Fox</p>	
<p><b>1–3 p.m., UH Room 41B</b></p> <p><b>Bali’s Art</b> Clare Fischer</p>	<p><b>1–3 p.m., UH Room 41C</b></p> <p><b>Five Personal Pieces</b> Deborah Lichtman</p>	
<p><b>1–3:30 p.m., UH Room 41C</b></p> <p><b>Screenwriting</b> Megan Siler</p>	<p><b>5–7:30 p.m., UH Room 28</b></p> <p><b>Creative Graphic Design</b> David Casuto</p>	





Visit [olli.berkeley.edu](http://olli.berkeley.edu) for reading lists and more class info.

Thursdays  
Sept. 29 – Nov. 3

10 a.m.–noon, UH Room 150  
9/29–11/10 (no class on 11/3)

**African Futures**

Martha Saavedra

10 a.m.–noon, UH Room 41B

**Borges, Buddhism**

Amelia Barili

1–3 p.m., UH Room 150

**Communicating Across Cultures**

Joe Lurie

1–3 p.m., UH Room 41B

**U.S. Supreme Court**

Marshall Krause

1:30–3 p.m., Lafayette Library  
9/15, 10/20, 11/17

**Lecture Series in Lafayette**

3:30–5:30 p.m., UH Room 41B

**Cal Performances Series**

Kathryn Roszak

Fridays  
Sept. 30 – Nov. 4

10 a.m.–noon, UH Room 41C

**The Well-made Story**

Lynne Kaufman

11 a.m.–1:30 p.m.,  
UH Room 41B  
9/30–11/4 (no class 10/28)

**Cultivating Core Strengths**

Lauren Vanett

2–4 p.m., UH Room 41B

**Reading Moby Dick**

Mitch Breitwieser

Sundays

2 p.m., 10/2/11, 2/12/12, 7/1/12

**Aurora Theatre Sunday Series**

Philippa Kelly



**Academic Calendar for 2011-12**

**2011-12 Academic Calendar**

**Fall 2011**

Open House: Tues., Sept. 13

Term dates: Sept. 26 – Nov. 4

**Winter 2012**

Open House: Tues., Jan. 17

Term dates: Jan. 30 – March 12

Holiday: Feb. 20

**Spring 2012**

Open House: Tues., March 20

Term dates: April 2 – May 11

# MAP



All venues are wheelchair accessible. Visit [olli.berkeley.edu](http://olli.berkeley.edu) for directions and info on parking.

**F&S** = Freight & Salvage, 2020 Addison St.

**UH** = University Hall, 2199 Addison St.

**ATC** = Aurora Theatre Co., 2081 Addison St.

Not on map = Lafayette Library, 3251 Mt. Diablo Blvd., Lafayette

## CAL PERFORMANCES SERIES

Facilitated by Kathryn Roszak  
Thursdays, 3:30–5:30 p.m.,  
UH Room 41B

Travel through an adventurous season at Cal Performances. Each class will feature a guest lecturer who will speak about a specific performance genre or artist. Students are encouraged to attend the accompanying performance on their own and are eligible for one ticket each at a 50 percent discount, except *Desdemona*. All shows are at Zellerbach Hall (ZH) or at Zellerbach Playhouse (ZP). Visit [calperformances.org](http://calperformances.org) for complete descriptions on each performance.

Contact the OLLI office for info on purchasing tickets.

**Kathryn Roszak** trained with the San Francisco Ballet and the School of American Ballet. She has performed,

choreographed, and/or taught for numerous ballet and theater companies. She directs *Danse Lumiere*, known for adapting great literature to the stage through the fusion of dance, theater, and music.

Class Date/Guest	Accompanying Performance	Show Date/Location
Oct. 13, Matias Tamopolsky, Director of Cal Performances	The Tchaikovsky Symphonies with Mariinsky Orchestra	Oct 14–16, ZH
Oct. 27, Philippa Kelly	<i>Desdemona</i> (theater)	Oct. 26–29, ZP
Nov. 10, TBD	Abraham, Inc. (world stage)	Nov. 13, ZH
Nov. 17, TBD	Trey McIntyre Project (dance)	Nov. 18, ZH
Dec. 1, TBD	Pina Bausch (dance)	Dec. 2–3, ZH
Dec. 8, Chloe Veltman	Berkeley Symphony	Dec. 8, ZH

# Starts Sept. 30

# Fridays

See the centerfold for a map of where the courses are held.



### Reading *Moby Dick*

**Mitch Breitwieser**  
2–4 p.m., UH Room 41B

Baroque, intense, and demanding, *Moby Dick* richly rewards all the attention a reader can muster. We will delve in as slowly as we can in order to cultivate the intellectual receptivity that Melville hoped for in his readers, becoming attuned to the subtle implications that he used to build his fictional universe. We will emphasize how the book's form is

caught up in the philosophical, political, and spiritual issues that moved Melville to write, but class discussion will be open to any pertinent issue.

**Mitchell Breitwieser** has taught at UC Berkeley since 1979, covering four centuries of American literature. His book *National Melancholy* was praised as one of the last decade's most essential books on American literature. He received Berkeley's Distinguished Teaching Award in 2009.

# WORKSHOPS (\$195 each)

See the centerfold for a map of where the courses are held.

## The Short Script: An Introduction to Screenwriting

Megan Siler

Mondays, 1–3:30 p.m., UH Room 41C

Do you have a short story that you think would make a great little movie? Have you always wanted to learn about writing for the screen? In this workshop, students will dive into the fundamentals of narrative screenwriting and develop a 10- to 15-minute script. We will focus on structuring stories for film, creating compelling characters, constructing scenes, and writing visually. Students should bring one or two story ideas to the first class.

**Megan Siler** is an award-winning independent filmmaker who writes, directs, and produces both documentary and fiction films. Her films have screened at festivals internationally and have also been broadcast on public and cable TV. Siler has an MFA from UCLA's film program and has been teaching film, video, and screenwriting classes throughout the Bay Area for 15 years.

## Five Personal Pieces: Experimenting with Autobiography (Part 1 of 2)

Deborah Lichtman

Tuesdays, 1–3 p.m., UH Room 41C

Many writers get lost in the story of their lives, but the best autobiographical writing is sometimes the shortest. Learn lessons in craft on how to depict a few memorable events from your life. Animate your writing with characters and details. In-class writing exercises will get you started, and excerpts from published works will inspire you. By the end of the term, you'll have a portfolio of five personal sketches, each with a different focus. Constructive feedback will leave you with ideas for future writing projects.

**Deborah Lichtman** has taught writing and literature for 20 years. She directed the

MFA in Writing Program at the University of San Francisco, where she developed and taught courses in creative nonfiction. She holds a doctorate in English from UC Berkeley, and is advisor to the Post-Baccalaureate Certificate Program in Writing at UC Extension in Berkeley.

## Creative Graphic Design and Photography

David Casuto

Tuesdays, 5–7:30 p.m., UH Room 28

Perhaps you know what Photoshop can do but don't want to pay \$600. Enter GIMP, a free open-source application that performs similarly to Photoshop. Using your photos, we will work with layers, text, color, masking, retouching, painting, and more. We suggest that you have a good foundation of computer knowledge since this is an intermediate level class. Mac and PC are both okay.

**David Casuto** is the founder of Senior Surf ([senior-surf.org](http://senior-surf.org)), a Bay Area non-profit that empowers older adults to become savvy at e-mail, Internet navigation, digital photography, graphic design, and other tricks of the trade. He also teaches at OLLI SFSU, AcademyX, and Synergy School, and runs his own training consulting firm.

## The Well-made Story

Lynne Kaufman

Fridays, 10 a.m.–noon, UH Room 41C

While houses are built from blueprints, stories — whether fiction or nonfiction, a memoir, novel, or personal essay — are built from outlines. Come with a story idea that you want to develop. You will write a synopsis in the first session, then write its beginning, middle, and end at home. Each class will involve reading from our stories and sharing constructive feedback. You will have a complete short story by the end of class. This workshop is open to writers of all levels.



**Lynne Kaufman** is an award-winning playwright and novelist whose plays have been produced at the Magic Theatre, TheatreWorks, Actors Theatre of Louisville, Florida Studio Theatre, and the Abingdon Theatre. She teaches creative writing at Dominican University, OLLI, and Esalen Institute.

## Cultivating Core Strengths and Building Positive Emotion

Lauren Vanett

Fridays, 11 a.m.–1:30 p.m., UH Room 41B  
Sept. 30–Nov. 4 (no class on Oct. 28)

Research shows that it's easier to change behavior by developing new pathways in the brain versus trying to fix habits that no longer serve us. Take a fresh look at how to use your core strengths differently in order to engage your brain and create greater life satisfaction. Learn practices based on the research of Martin Seligman (author of *Authentic Happiness*), Barbara Fredrickson (*Positivity*), Robert Emmons (*Thanks!*), and others who promote positive emotions.

**Lauren Vanett** founded and directs the Core Strengths Coaching Program at SF State University Extended Learning. She has taught positive psychology, creative process through painting, and language and communication skills for 30 years. She is a graduate of Martin Seligman's Authentic Happiness program.

# Aurora Theatre Sunday Series

See the centerfold for a map of where the courses are held.



## Facilitated by Philippa Kelly

All shows on Sunday at 2 p.m.,  
2081 Addison St., Berkeley  
\$195 (includes performance tickets)

Celebrate the acclaimed Aurora Theatre Company's 20th anniversary. We'll see three exciting plays together at a Sunday matinee followed by a Q&A with the cast and crew, and a class discussion on the following Tuesday. On the docket are Edward Albee's Pulitzer Prize-winning brutal comedy of manners, *A Delicate*

*Balance*; the Bay Area premiere of *Body Awareness*, by Obie-winning playwright Annie Baker; and Mark Jackson's world premiere of *Salomania*.

**Philippa Kelly**, a Shakespeare scholar, is resident dramaturg for the California Shakespeare Theater. She has been awarded numerous scholarships and fellowships and has published 35 articles and seven books. Her latest, *The King and I*, is a contemporary meditation on Australia through the lens of King Lear.

	Performance	Discussion*
<b>A Delicate Balance</b>	10/2/11	10/4/11
<b>Body Awareness</b>	2/12/12	2/14/12
<b>Salomania</b>	7/1/12	7/3/12

\* Discussions are Tuesdays, 12:10–12:50 p.m., UH Room 41B.

## LECTURE SERIES

Both lecture series are \$10 general admission and free for OLLI members. Reserve at [olli.berkeley.edu](http://olli.berkeley.edu) or call 510.642.9934.

### Berkeley on Wednesdays

1–2:30 p.m., Freight and Salvage Coffee House (2020 Addison St., Berkeley)

<b>Oct. 5</b>	Nonfiction Politics	Timothy Ferris, professor emeritus of journalism, UC Berkeley, and science writer
<b>Oct. 12</b>	Sleep: How Much Do You Need and How Do You Get It?	Allison Harvey, professor of psychology, UC Berkeley
<b>Oct. 19</b>	Lunch Bucket Paradise: The Secret Life of the Working Class	Fred Setterberg, author and writer, <i>East Bay Express</i> and <i>New York Times</i>
<b>Oct. 26</b>	Eight Ways to Look at Cities	John King, urban design critic, <i>San Francisco Chronicle</i>

### Lafayette on Thursdays

1:30–3 p.m., Lafayette Library and Learning Center (3251 Mt. Diablo Blvd., Lafayette)

<b>Sept. 15</b>	From Dining and Dating to Diplomacy: Across Cultures at the I-House	Joe Lurie, director emeritus, International House, UC Berkeley
<b>Oct. 20</b>	Facing the Past: Genocide, Grave Looting, and Culture Wars in California	Tony Platt, author and professor emeritus, Cal State University Sacramento
<b>Nov. 17</b>	Medicine in an Era of Health Care Reform	Michael Thaler, professor emeritus, UC San Francisco



## Membership

Joining OLLI @Berkeley supports its programs and enables you to enjoy the full range of courses, lectures, and other offerings. There are three levels of membership — single term, annual, and all-inclusive. All levels include the benefits listed below, with savings at the annual and all-inclusive levels.

## Benefit Highlights

- Opportunity to choose from more than 65 classes annually
- Interaction with outstanding faculty, many of whom teach at UC Berkeley
- Free/discounted admission to OLLI lectures and special events (not offered every term)
- Discounts at campus and other Bay Area museums and events
- Access to book clubs, study groups, online communications, and other member-led activities

## Membership Dues (2011–12)

For details, visit [olli.berkeley.edu](http://olli.berkeley.edu).

- Single term  
Fall, winter, spring, or summer \$50
- Current or retired employees of UC Berkeley and Lawrence Berkeley National Laboratory, or current members of Cal Alumni Association (CAA) \$40
- Annual (Available only in fall)  
Valid for one full academic year \$100

- All-inclusive  
(Available only in fall) \$700  
Includes annual membership, up to nine courses/workshops per academic year (excluding online courses), and early registration. Available as a split payment in the fall for an additional \$25.

## Course Fees (per term)

- One course \$125
- Two courses \$225
- Three courses \$310
- Each additional course \$75

## Workshop Fee \$195

## Registration

Early registration is encouraged due to limited space. All-inclusive members can register early. Register by mail with the enclosed form or online at [olli.berkeley.edu](http://olli.berkeley.edu). Checks or credit cards accepted. Print additional copies of the form from the web site. You will receive a confirmation once you are enrolled.

## Fee Assistance Program

To be considered for fee assistance, write to OLLI @Berkeley, 1925 Walnut St. #1570, Berkeley, CA 94720-1570 by Friday, Sept. 16. Please describe your need, which course you would like to take, and why. Include your contact information. There will be a \$25 processing fee if you are selected. We will notify you by Wednesday, Sept. 21.

## Adding Courses

Call 510.642.9934 to add a course or be put on a waiting list. Courses cannot be audited.

## Refunds/Cancellations

Course fees will be refunded up to one week before the first class meeting. There are no refunds on membership dues.

## Volunteer

OLLI @Berkeley needs your help with events, class check-in, the newsletter, outreach, and photography activities. Visit [olli.berkeley.edu](http://olli.berkeley.edu) for information on how to become a volunteer.

## OLLI Partners

### University:

Berkeley Art Museum/Pacific Film Archive  
Cal Alumni Association  
Cal Performances  
Cal Rec Sports  
Educational Technology Services  
Lawrence Hall of Science  
Office of the Vice Provost for Teaching, Learning, Academic Planning and Facilities  
UC Berkeley Extension  
UC Berkeley Retirement Center  
UC Berkeley Summer Sessions  
UC Botanical Garden  
University Relations

### Community:

Aurora Theatre  
Berkeley Arts and Lectures  
Berkeley Repertory Theatre  
Berkeley Symphony  
California Shakespeare Theater  
Downtown Berkeley Association  
Freight & Salvage Coffee House  
KALW-91.7 FM  
Marin Theatre Company  
North Shattuck Association  
Oakland Museum of California  
San Francisco Opera  
San Francisco Performances  
Shotgun Players  
SharpBrains

## Contact Us:

1925 Walnut St. #1570  
University of California, Berkeley  
Berkeley, CA 94720-1570  
Phone: 510.642.9934  
Fax: 510.642.2202  
E-mail: [berkeley\\_olli@berkeley.edu](mailto:berkeley_olli@berkeley.edu)  
Web site: [olli.berkeley.edu](http://olli.berkeley.edu)

# OLLI @BERKELEY REGISTRATION FORM – FALL 2011

FIRST NAME	MIDDLE NAME	LAST NAME	
ADDRESS	CITY	STATE	ZIP
DAY TELEPHONE	EVENING TELEPHONE	E-MAIL	

**Please select desired courses:**

**Mondays**

- Turner: Figures of Speech
- Gerlind: *Schnupperkurs*
- Carley: Joy of Singing
- Thaler: Re-viewing the Holocaust
- Fischer: Bali's Art

**Tuesdays**

- Zahedi: Middle East
- Young: Philosophy of the Senses
- Fox: Documentary Filmmakers

**Wednesdays**

- R. Lichtman: The American Crisis

**Thursdays**

- Saavedra: African Futures
- Barili: Borges, Buddhism
- Lurie: Communicating Across Cultures
- Krause: U.S. Supreme Court
- Roszak: Cal Performances Series

**Fridays**

- Breitwieser: Reading *Moby Dick*

**Workshops (\$195 each)**

- Siler: Screenwriting
- D. Lichtman: Five Personal Pieces
- Casuto: Creative Graphic Design
- Kaufman: The Well-made Story
- Vanett: Cultivating Core Strengths
- Kelly: Aurora Theatre Sunday Series

**Online Course**

- Fernandez: Brain Fitness

**Membership dues (select one)**

- Single Term \$50
- Single Term for current/retired UCB/LBNL staff/faculty (enclose copy of ID) \$40
- Single Term for CAA member (enclose copy of ID) \$40
- Annual member \$100
- All-inclusive member \$700
- All-inclusive member , split payment (balance of \$325 to be charged on Nov. 14) \$400

**Course fees**

- One course \$125
- Two courses \$225
- Three courses \$310
- Each additional course \$75

**Workshop fees**

- Each workshop \$195

**Online Course**

- \$158 (all OLLI members)
- \$185 (non-members)

For information about the Fee Assistance Program, call 510.642.9934.

**Total Payment** \$

- Check (made payable to UC Regents)
- Credit card (select one):
  - Visa
  - MasterCard
  - American Express

CARD NUMBER \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_

CARDHOLDER NAME \_\_\_\_\_ AUTHORIZING SIGNATURE \_\_\_\_\_

- Address same as above
- Billing address if different from above:

\_\_\_\_\_

**Mail to:**

**OLLI @Berkeley**  
**1925 Walnut St. #1570, Berkeley, CA 94720-1570**  
**Fax to 510.642.2202, or register online at olli.berkeley.edu.**

**Make a gift to OLLI @Berkeley**

(Tax-deductible to the full extent of the law)

\$

- Separate check enclosed made payable to UC Regents (note "For OLLI Annual Fund")
- Please charge the same credit card used for registration

**FOR OFFICE USE ONLY**

DATE FORM RECEIVED \_\_\_\_\_

ENROLLED ON \_\_\_\_\_

DATE \_\_\_\_\_



Osher Lifelong Learning Institute  
1925 Walnut Street #1570  
Berkeley, CA 94720-1570

NON-PROFIT ORG  
U.S. POSTAGE  
PAID  
UNIVERSITY OF  
CALIFORNIA

**New friends**  
**New ideas**  
**New adventures**



## OPEN HOUSE

**TUESDAY, SEPT. 13, 2011**

**9:30 a.m. Doors open**  
**10 a.m.–noon Program**

**Meet the faculty and other OLLI members.**

Freight & Salvage Coffee House  
2020 Addison St. (at Shattuck Ave.)

Reservations: 510.642.9934 or [berkeley\\_olli@berkeley.edu](mailto:berkeley_olli@berkeley.edu)  
Web site: [olli.berkeley.edu](http://olli.berkeley.edu)

**Fall 2011 term: Sept. 26 – Nov. 4**

**OLLI** @ **Berkeley**  
UNIVERSITY OF CALIFORNIA  
Osher Lifelong Learning Institute

